

## THE PROGRAM

CSTEP provides you with the opportunity to explore the rewarding profession of Optometry by participating in the Winter or Spring Internship Program, and by attending conferences and workshops during the academic year.

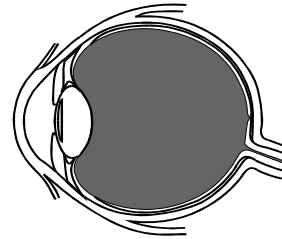
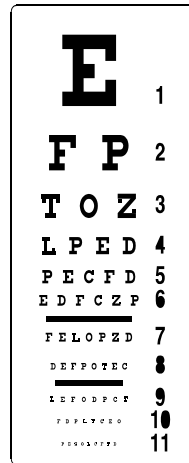
## INTERNSHIP PROGRAMS

The 2008 Winter or Spring Internship will expose you to the multifaceted field of Optometry as practiced in one of the top-ranked Colleges of Optometry and, which has the largest clinical program in the country. This year's two-week Internships will run: Winter - Jan. 2nd to Jan. 12th, and Spring - May 27th to June 7th. The Internship will engage you in the following activities:

### CLINIC OBSERVATIONS:

You will be assigned to fourth year students and faculty who will guide you through their own actual clinical rotations. You will have the privilege of observing various clinical examinations and procedures and be able to experience the different specialties firsthand. Among the clinics to be visited, are: Vision Therapy, Ocular Disease, Primary Care, Contact Lens, and Pediatrics.

## FOCUS ON YOUR FUTURE



### OPTOMETRIC ORIENTATION:

Focusing on the entire professional education, you will review the day-to-day academic schedule with students of Optometry. In addition to examining the course of study and program requirements, you will take part in demonstrations of state-of-the-art optometric equipment and procedures. One of the highlights of this component is that you will be given a comprehensive eye examination, while gaining an understanding of the human visual system.

### SITE VISITS:

To acquaint you with the career of Optometry, as practiced outside the academic setting, you will visit: a hospital, a private and/or group practice, a Health Maintenance Organization (HMO), and a neighborhood health center. Each site will provide you with a different outlook on the profession as well as give you the chance to meet more Doctors of Optometry personally.

### GROUP SESSIONS:

You will be provided two types of group sessions on a weekly basis:

- 1) Optometry School Information  
The Admissions Process  
Financial Aid  
Support Services
- 2) Learning Skills Seminars  
Time Management  
Test Anxiety  
Note Taking  
Study & Research Skills  
Personal Statement Writing  
The Optometry Admission Test (OAT)

### RESEARCH PROJECT:

You will have the opportunity to investigate new developments within the profession and to improve your research, writing, and oral presentation skills by preparing a research project on a specific aspect of Optometry. Program faculty, staff and students will suggest topics and assist you in developing your report.

## THE ACADEMIC YEAR PROGRAM

During the academic year you will be invited to conferences, such as the annual New York State CSTEP Student Conference, the College's Open House and various workshops. The College's library and computer center are also available for your use.

### ***What is CSTEP ?***

CSTEP stands for the Collegiate Science and Technology Entry Program. Funded by the New York State Education Department, the Program strives to expose, attract, and assist college students in gaining access to the profession of Optometry.

### ***Who is Eligible ?***

To be eligible you must be a New York State resident currently attending an accredited college or university full-time. Only under-represented minority and economically disadvantaged students will be considered and preference given to sophomores and juniors.

### ***How Much ?***

Participation in CSTEP is *Absolutely Free* and you may be given a stipend for your participation.

### ***Where is CSTEP ?***

Located in Manhattan's Bryant Park Area of New York City, CSTEP is housed at the State University of New York (SUNY), State College of Optometry and the University Optometric Center - the largest outpatient vision care facility of its kind in the nation, attending over 130,000 patient visits per year.

More information and applications for CSTEP may be obtained by calling or writing:

**Carlos A. Restrepo**  
CSTEP Coordinator

or

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Vice President for Student Affairs  
CSTEP Director

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# **C.S.T.E.P.**

## **COLLEGIATE SCIENCE AND TECHNOLOGY ENTRY PROGRAM**



**S.U.N.Y.**

### **STATE COLLEGE OF OPTOMETRY**

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