

You've been learning what makes up a healthy diet for our **modern** lives, but what sort of diet did we **evolve** to eat?

Dr. Herman Pontzer, Assistant Professor of Anthropology at Hunter College, has been looking into one aspect of this question by studying energy expenditure in the Hadza, modern hunter-gatherers in Africa. Using doubly labeled water studies and respirometry he compares them to people living in cities around the world.



In this talk he will discuss his findings (which might surprise you) along with what we know about the evolution of our diet from human fossils, from interactions with hunter-gatherers, and from studies of non-human primates.

**Wednesday, May 9**  
**4:00 - 5:00 p.m.**  
**Silberman Building Auditorium**

To learn more about the speaker:  
<http://www.nycep.org/faculty/>

To learn more about the Hadza:  
<http://www.hadzafund.org/>

**Get an Evolutionary Perspective on Nutrition**

