

# *U.S. Military - PTSD Research Study*

**Did you serve in Iraq or Afghanistan ?**

**Do you experience:**

***Repetitive unwanted memories?***

***Sleep Problems or Nightmares?***

***Difficulty concentrating?***

***Nervousness, jumpiness, or anxiety?***

**WCMC**

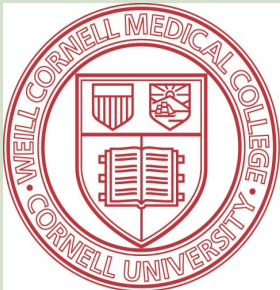
**IRB APPROVED**

**Approved:**

**06/17/2013**

**Expires:**

**06/09/2014**



If so, you may be eligible to participate in a 9-week research study involving the recommended first line intervention for PTSD: Exposure Therapy with or without virtual reality, combined with a low dose of D- Cycloserine (DCS) or placebo (sugar pill), taken once a week on the day of the session only.

We are testing a new use of D-Cycloserine, which has been FDA-approved for treatment of other disorders, but not for PTSD, and its combination with exposure therapy. All information is strictly confidential.

All participants will receive this free PTSD intervention. Non-active duty military personnel will be compensated for all completed assessments (up to a total of \$350) and active-duty personnel will be asked to select a charity to which they want the money to be donated.

**For more information,  
please call:**

**212-821-0783**

**Program for Anxiety and  
Traumatic Stress Studies at  
Weill Cornell Medical College  
WCMC IRB # 1005011047**

