## **Project AHEAD**

**E**ducation Project **A**sian **H**ealth **D**evelopment is an 8-week long summer internship designed to give training and experience to college students who have an interest in pursuing a career in the health care. Students will be exposed to various health careers, and gain an understanding of the history and dynamics of the New York Asian American community and of current health issues impacting the health status of Asian Americans in the United States.

#### **Our Goals Are:**

- 1. To increase interns' interest in and awareness of the special needs, problems, and strengths of Asian American communities and to encourage interns to enter health and allied health professions in areas of community need.
- 2. To provide exposure to health care delivery in the community health center setting.
- 3. To help interns develop a better understanding of themselves as individuals and as important contributing members of minority communities.





# ASIAN HEALTH EDUCATION AND DEVELOPMENT



COMMITMENT
June 23 to
August 15, 2014

Monday-Friday, 9am-5pm

The **community health project** is the main activity that interns are involved in. It gives interns the opportunity to incorporate their interests and ideas into Project AHEAD by developing and implementing a project that addresses the health needs of the Asian American community.

Seminars and workshops address many topics ranging from Asian American families to health care delivery in minority communities. Interns may also have the opportunity to **shadow clinicians** at the Health Center. The shadowing experiences have proved to enhance interns' learning and understanding of the multifaceted health care delivery system.

Applications can be found online at cbwchc.org. Important dates are: postmark deadline is **Feb** 15, interviews will take place **March 4-8**, and notifications are on or around **March 25**. **Questions?** To learn more about Project AHEAD, email Maria Karlya at mkarlya@cbwchc.org.

## **Project AHEAD**

#### About the Charles B. Wang Community Health Center

The Charles B. Wang Community Health Center is a nonprofit and federally qualified health center, established in 1971. We provide primary care services in internal medicine, pediatrics, OB/GYN, dental, mental health, social work and health education. Our mission is to ensure that all members of our community—regardless of ability to pay—are provided with quality, comprehensive and culturally appropriate healthcare. Last year, we brought healthcare services to nearly 45,000 Asian Americans and other vulnerable populations.

Our team of doctors, nurses, nutritionists, social workers, health educators, and many other supporting staff work together to provide compassionate and effective patient care to thousands of families who need it most. Our community outreach efforts reached community members through workshops in schools, senior centers, community

organizations, and health fairs.

We provide services at four locations in Manhattan and Queens in order to serve a growing Asian American population in New York City. Major initiatives on hepatitis B, tobacco control, diabetes, cancer education and screening, and mental health continue to make the Health Center a leader in meeting the community's health care needs. The Center's reputation for quality health care keeps it in the forefront of health care services in the community.

# ASIAN HEALTH EDUCATION AND DEVELOPMENT



Since 1975, Project AHEAD has been part of the Charles B. Wang Community Health Center's ongoing efforts to provide excellent and culturally competent healthcare through preventive medicine, health education, and community involvement.

Project AHEAD is one of the few health career opportunity programs in the United States based in an Asian medicine, nursing,

American community and sponsored

More than 450 students have been trained through Project AHEAD, which has been successful in training students who later return to serve the community as healthcare professionals.

Many full-time physicians, dentists, and public health professionals at the Health Center and at other local hospitals and clinics are Project AHEAD alumni who are now contributing to the growing need in the Asian community.

by a community health center.

"It was exciting to be in a center with such dedicated and creative staff – as students, we had a rare opportunity to contribute in a direct way."

mental health,

healthcare

administration, or

social work?

You should

apply!

- Perry Pong, MD CBWCHC Chief Medical Officer 1981 Project AHEAD intern



